

Understanding the Effect of the Digital World on Sex, Relationships and Addiction

CONTINUING EDUCATION CONFERENCE

Rob Weiss, LCSW, CSAT-S, Seeking Integrity Joshua Magruder, Ph.D., LPC-S, NCC, University of Mississippi

May 17-18, 2018

Oxford Outpatient Center 611 Commerce Parkway, Oxford, MS 38655

THURSDAY, MAY 17

9:00AM-12:15PM

(With break provided 10:30-10:45AM) Title: Keynote: Understanding the Effect of the Digital World on Sex, Relationships and

Addiction

Speaker: Robert Weiss LCSW, CSAT-S

12:15PM-1:15PM

Lunch (Provided in conference fee)

1:15PM-2:45PM

Title: Sex, Love, and Addiction 101: The Basics

Speaker: Robert Weiss, LCSW, CSAT-S

2:45PM-3:00PM — Break

3:00PM-4:30PM

Title: Out of the Doghouse: Healing Relationships Affected by Digital Infidelity Speaker: Robert Weiss, LCSW, CSAT-S

FRIDAY, MAY 18

9:00AM-12:15PM

(With break provided 10:30-10:45AM) Title: To Friend or Not to Friend: Ethics for Supporting Clients in the Digital Age.

Speaker: Joshua Magruder, Ph.D., LPC-S, NCC

REGISTRATION

Free program; Space limited

Social Workers, Marriage and Family Therapists and Certified Counselors

To register:

Email Brian Whisenant wwhisenant@contactaac.com Registraion deadline May 14, 2018

Program Description

KEYNOTE

Title: Understanding the Effect of the Digital World on Sex, Relationships and Addiction

Speaker: Robert Weiss LCSW, CSAT-S

While much fear and hype has been created in the past decade by well-meaning clinicians and the media, the actual role and effect of digital media has yet to be fully evolved, understood and researched. So, what can a useful, caring counselor, social worker or therapist offer today to families struggling with issues such as digital boundaries, cyberbullying and tech stressors, as well as problems like online gaming, gambling and sexuality? This timely, engaging talk, by a clinical thought leader and author of several books related to our evolving digital world and its effect on the therapy space, gives attendees a chance to revisit, reshape and challenge their beliefs about how digital technology is affecting family life, relationships, school and the workplace. Blending current research with historical references, this talk will provide clarity in an area where we clinicians sometimes feel under-informed or even downright confused.

OBJECTIVES:

- 1. Gain insight into three ways people connect online for sex and relationships and how this impacts recovery.
- 2. Learn three different ways that digital media can escalate addictive behavior.
- 3. Gain insight into digital world barriers to addiction recovery including alcohol and chemical dependency.
- 4. Discern treatment modalities for alcohol/chemical dependency vs. sexual addiction.
- 5. Explore the reporting responsibilities related to clients engaged in illegal online activities.

SESSION 2

Title: Sex, Love and Addiction 101: The Basics

Speaker: Robert Weiss, LCSW, CSAT-S

In the real world, tens of thousands of men and women struggle daily with sexual compulsivity and addiction, and many also choose to attend sexual addiction 12-step programs and related therapies. Yet in the clinical world, the DSM 5 does not yet formally acknowledge the issue (Hyper sexual Disorder), while many consider it a joke, a form of social control or simply "an excuse" for bad behavior. Adding to this mystery is the fact that "Sexual Compulsivity" is now headed for inclusion in the ICD 11. This talk is designed to offer realistic, useful insight into the problem of compulsive/addictive porn use, infidelities and other sexual acting out (on and offline). The talk will provide an overview of the process addictions, their treatment and the empathic insight required to view this problem for what it is—the adult expression of early complex trauma and attachment loss.

OBJECTIVES:

- 1. Clarify the nature and dynamics of sexual addiction/sexual compulsivity.
- 2. Outline the origins of sexually addictive behaviors.
- 3. Provide basic referral resources and information, including: self-help groups, 12-step groups, online resources, and articles and books.

Program Description

SESSION 3

Title: Out of the Doghouse: Healing Relationships Affected by Digital Infidelity

Speaker: Robert Weiss, LCSW, CSAT-S

What defines cheating today in our age of webcams, online porn and "adult friend finder apps"? Sadly, those who repeatedly betray their deepest relationship commitments (online and in-person) are often both intimacy- and empathy-challenged, lacking the mature concrete insight and the related skills needed to help revitalize a wounded relationship. These tools are especially important, "after the affair" when anger and emotional instability tend to rule the roost. This talk provides a reset for professionals working with those acting out their needs and desires in a digital world, while offering new views toward addressing sexual and romantic acting out- via social media and the web. With new clarity regarding what defines "cheating" today, we can help couples find the empathy, honesty and lasting behavior change required to grow relationship intimacy. This discussion will offer an overview of the problem along with specific empathy, and relationship rebuilding skills.

OBJECTIVES:

- 1. Express and explore the concepts of enabling and codependency.
- 2. Will be offered a new definition for 'infidelity" considering the reality of today's digitally driven sexual opportunities (porn, apps, online hook-ups etc.)
- 3. Identify and explain an evolving alternative, model for treating unhealthy relationship dependency.

SESSION 4

Title: To Friend or Not to Friend: Ethics for Supporting Clients in the Digital Age

Speaker: Joshua Magruder, Ph.D., LPC-S, NCC

In this presentation participants will understand the ethics and use of social media in their work with clients. Participants will be exposed to tele-counseling ethics and the tele-counseling laws in Mississippi from a case study perspective. Finally, ethics of distance supervision certification requirements and training programs will be discussed to gain certification.

OBJECTIVES:

- 1. Understand social media and ethics in social work and counseling.
- 2. Understand Tele-counseling Ethics and State Law.
- 3. Explore ethics of Distance Supervision, Certification and Training.

About the Presenters



Robert Weiss LCSW, CSAT-S is a digital-age intimacy and relationships expert specializing in infidelity and addictions – most notably sex, porn, and love addiction. An internationally acknowledged clinician, he frequently serves as a subject expert on human sexuality for multiple media outlets including CNN, HLN, MSNBC, The Oprah Winfrey Network, The New York Times, The Los Angeles Times, and NPR, among others.

Mr. Weiss is the author of several highly regarded books, including "Out of the Doghouse: A Step-by-Step Relationship-Saving Guide for Men Caught Cheating," "Sex Addiction 101: A Basic Guide to Healing from Sex, Porn, and Love Addiction," "Sex Addiction 101: The Workbook," and "Cruise Control: Understanding Sex Addiction in Gay

Men." He also blogs regularly for Psychology Today, Huffington Post, and Psych Central.

A skilled clinical educator, Mr. Weiss routinely provides training to therapists, the US military, hospitals, and psychiatric centers in the US and abroad. Over the years, he has created and overseen more than a dozen high-end addiction and mental health treatment facilities. Currently, he is CEO of Seeking Integrity, LLC, being developed as an online resource for recovery from infidelity and sexual addiction. For more information or to reach Mr. Weiss, please visit his website, robertweissmsw.com, or follow him on Twitter, @RobWeissMSW.



Joshua Magruder, Ph.D., LPC-S, NCC is a Clinical Assistant Professor, a Licensed Professional Counselor, and a Board Qualified Supervisor. He severs The University of Mississippi as the Interim Clinical Coordinator and coordinator of the COPE Training Clinic for the Department of Leadership and Counselor Education. Dr. Magruder is active with the Mississippi Counseling Association severing on the Ethic Committee for 2 years, as well as being Past President of the Mississippi Licensed Professional Counselor Association (MLPCA). His past roles as a clinician include work with college students, children, and trauma clients. Dr. Magruder supervision focuses on counselor development, ethical practice, and supervision of supervision. His research interests include college counseling, crisis work, and Individual Psychology.

NBCC Approval Statement Placeholder

Oxford Treatment Center is approved as a provider of social work Continuing Education credits by the Mississippi Board of Examiners for Social Workers and Marriage & Family Therapists for the single progrm, "Understanding the Effect of the Digital World on Sex, Relationships, and Addiction."

Oxford Treatment Center is solely responsible for all aspects of the programs.

Social workers receive 9 hours for full attendance/successful completion of all 4 sessions in this course (4 Ethics hours included).

Social workers receive 6 hours for full attendance/successful completion of sessions 1, 2 and 3 in this course (1 Ethics hour included).

Counselors receive 9 NBCC hours for full attendance/successful completion of all 4 sessions in this course (4 Ethics hours included).

Counselors receive 9 NBCC hours for full attendance/successful completion of sessions 1, 2 and 3 in this course (1 Ethics hour included).

Upon attending the workshop and completing a provided evaluation, you'll gain access to a presentation quality certificate of completion containing details about the program. This can be used as proof of completion to obtain CE credits / hours.

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